

# 3 Days POCUS Course

## First Day

						Hours	Topic	Lecturer	Expected learning outcomes			
<b>D A Y 1</b>							08.30-09.00	<b>Introduction and Pre-test</b>				
							09.00-09.30	<b>Ultrasound Physics</b>				
							09.30-10.00	<b>Ultrasound In Trauma Patient</b>				
							10.00-10.30	<b>Coffea Break</b>				
							<b>Hands On</b>	Group (A)	Group (B)	Group (C)	Group (D)	Group (E)
								Dr. ...	Dr. ...	Dr. ...	Dr. ...	Dr. ...
							10.30-11.30					
							11.30-12.10	<b>Cardiac Axes</b>				
							12.10-01.00	<b>Cardiac Ultrasound In Critically ill</b>				
							01.00-01.45	<b>Praying &amp; Lunch</b>				
							<b>Hands On</b>	Group (A)	Group (B)	Group (C)	Group (D)	Group (E)
								Dr. ....	Dr. ....	Dr. ....	Dr. ....	Dr. ....
							01.45-02.45					
							02.45-03.20	<b>Hepatobiliary Ultrasound</b>				
							03.20-03.40	<b>Aorta-IVC Ultrasound</b>				
							03.40-04.00	<b>Renal Ultrasound</b>				

	04.00-04.15	<b>Coffea Break</b>				
	<b>Hands On</b>	<b>Group (A)</b>	<b>Group (B)</b>	<b>Group (C)</b>	<b>Group (D)</b>	<b>Group (E)</b>
	04.15-05.00	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>

## Second Day

	Hours	Topic	Lecturer	Expected learning outcomes		
<b>D A Y 2</b>	08.30-09.00	<b>Lung Ultrasound</b>				
	09.00-10.00	<b>Fluid Resuscitation With Us</b>				
	10.00-10.30	<b>Coffee Break</b>				
	<b>Hands On</b>	<b>Group (A)</b>	<b>Group (B)</b>	<b>Group (C)</b>	<b>Group (D)</b>	<b>Group (E)</b>
	10.30-11.30	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>
	11.30-12.00	<b>Vascular Access &amp; DVT</b>				
	12.00-01.00	<b>Regional Nerve Blocks with Us</b>				
	01.00-01.45	<b>Praying &amp; Lunch</b>				
	<b>Hands On</b>	<b>Group (A)</b>	<b>Group (B)</b>	<b>Group (C)</b>	<b>Group (D)</b>	<b>Group (E)</b>
	01.45-03.15	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>

	03.15-03.30	<b>Optic Nerve, Airway US</b>				
	03.30-03.45	<b>Appendicitis, Bowel</b>				
	03.45-04.00	<b>Ovarian Cyst, Testicular US</b>				
	04.00-04.15	<b>Coffee Break</b>				
	<b>Hands On</b>	<b>Group (A)</b>	<b>Group (B)</b>	<b>Group (C)</b>	<b>Group (D)</b>	<b>Group (E)</b>
	04.15-05.00	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>

### Third Day

	<b>Hours</b>	<b>Topic</b>	<b>Lecturer</b>	<b>Expected learning outcomes</b>		
<b>D A Y 3</b>	08.30-09.00	<b>Interactive Session</b>				
	09.00-09.30	<b>Coffee Break</b>				
	<b>Hands On</b>	<b>Group (A)</b>	<b>Group (B)</b>	<b>Group (C)</b>	<b>Group (D)</b>	<b>Group (E)</b>
		<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>
	09.30-10.30					
	<b>Clinical Assessment</b>	<b>Group (A)</b>	<b>Group (B)</b>	<b>Group (C)</b>	<b>Group (D)</b>	<b>Group (E)</b>
	10.30-11.30	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>	<b>Dr. ....</b>
11.30-12.00	<b>Post Test</b>					

12.00-12.30

Certificate Ceremony & Closure